



brighter**bites**®

## HEALTH RESOURCES FOR YOU AND YOUR FAMILY

AS OUR DAILY LIVES CONTINUE TO ADAPT TO THE CHANGES  
HAPPENING IN OUR COMMUNITY DUE TO COVID-19 (CORONAVIRUS),  
WE WANT TO PROVIDE A LIST OF RESOURCES FOR YOU AND YOUR FAMILY  
TO HELP YOU STAY HEALTHY AND WELL.

### FOR MORE INFORMATION ON:



**FOOD  
HOUSING**



**TRANSPORTATION  
EMPLOYMENT  
HEALTH**



**MENTAL HEALTH  
PARENTING & FAMILY  
CHILDCARE**



PLEASE VISIT [WWW.CONNECTATX.ORG](http://WWW.CONNECTATX.ORG)  
OR CALL 211.

*Our number one priority is the health and well-being of our employees and the families and communities we serve. We hope that these resources will help ensure that you are able to continue to stay healthy and well during these tough circumstances.*

*-The Brighter Bites Austin Team*

# ADDITIONAL RESOURCES

## TESTING SITES:

- <https://connectatx.unitedwayaustin.org/v2/favorites/public/covid-testing>
- <https://txdps.maps.arcgis.com/apps/webappviewer/index.html?id=8bf7c6a436a64bfe9a5ce25be580e4ff>
- <https://www.kvue.com/article/news/health/coronavirus/drive-up-coronavirus-testing-austin-texas-covid19/269-9f62f9c4-d90f-4eef-8cab-c2381cdf1595>

## UTILITIES:

- <https://connectatx.unitedwayaustin.org/v2/favorites/public/housing-utilities>
- <https://austinenergy.com/ae/residential/your-bill/customer-assistance-programs>
- <https://austinenergy.com/ae/about/news/covid-19-updates>

## FOOD:

- <https://connectatx.unitedwayaustin.org/v2/favorites/public/food-10>
- <https://connectatx.unitedwayaustin.org/v2/favorites/public/covid-food-pantries>
- <https://connectatx.unitedwayaustin.org/v2/favorites/public/covid-curbside-meals>
- <https://www.centraltexasfoodbank.org/food-assistance/get-food-now>
- <https://www.austinisd.org/covid19/meals>

## HOUSING:

- <https://connectatx.unitedwayaustin.org/v2/favorites/public/paying-for-rent>
- <https://www.austintexas.gov/housing-resources>
- [https://www.austintexas.gov/sites/default/files/images/NHCD/NHCD\\_Renter\\_COVID-19Eviction.pdf](https://www.austintexas.gov/sites/default/files/images/NHCD/NHCD_Renter_COVID-19Eviction.pdf)
- <https://www.austintexas.gov/department/austins-homeless-strategy-covid-19-support>

## OLDER ADULTS AND CAREGIVERS:

- <https://www.agingervicescouncil.org/>

## CHILDCARE:

- <https://connectatx.unitedwayaustin.org/v2/favorites/public/child-care-enrichment>
- <https://frontlinechildcare.texas.gov/>
- <http://www.wfscapitalarea.com/ChildCareServices/COVID19ResourcesChildCare>

## TRANSPORTATION:

- <https://connectatx.unitedwayaustin.org/v2/favorites/public/transportation-7>
- <https://capmetro.org/COVID19/>

## INTERNET ACCESS:

- <https://cityofaustin.gitbook.io/decatx/deca-covid-19-community-resources>
- <https://www.digitalinclusion.org/free-low-cost-internet-plans/>

## MENTAL HEALTH:

- <https://connectatx.unitedwayaustin.org/v2/favorites/public/mental-health-6>
- <https://integralcare.org/en/covid-19-update/>

## DOMESTIC VIOLENCE:

- <https://cityofaustin.gitbook.io/decatx/deca-covid-19-community-resources>