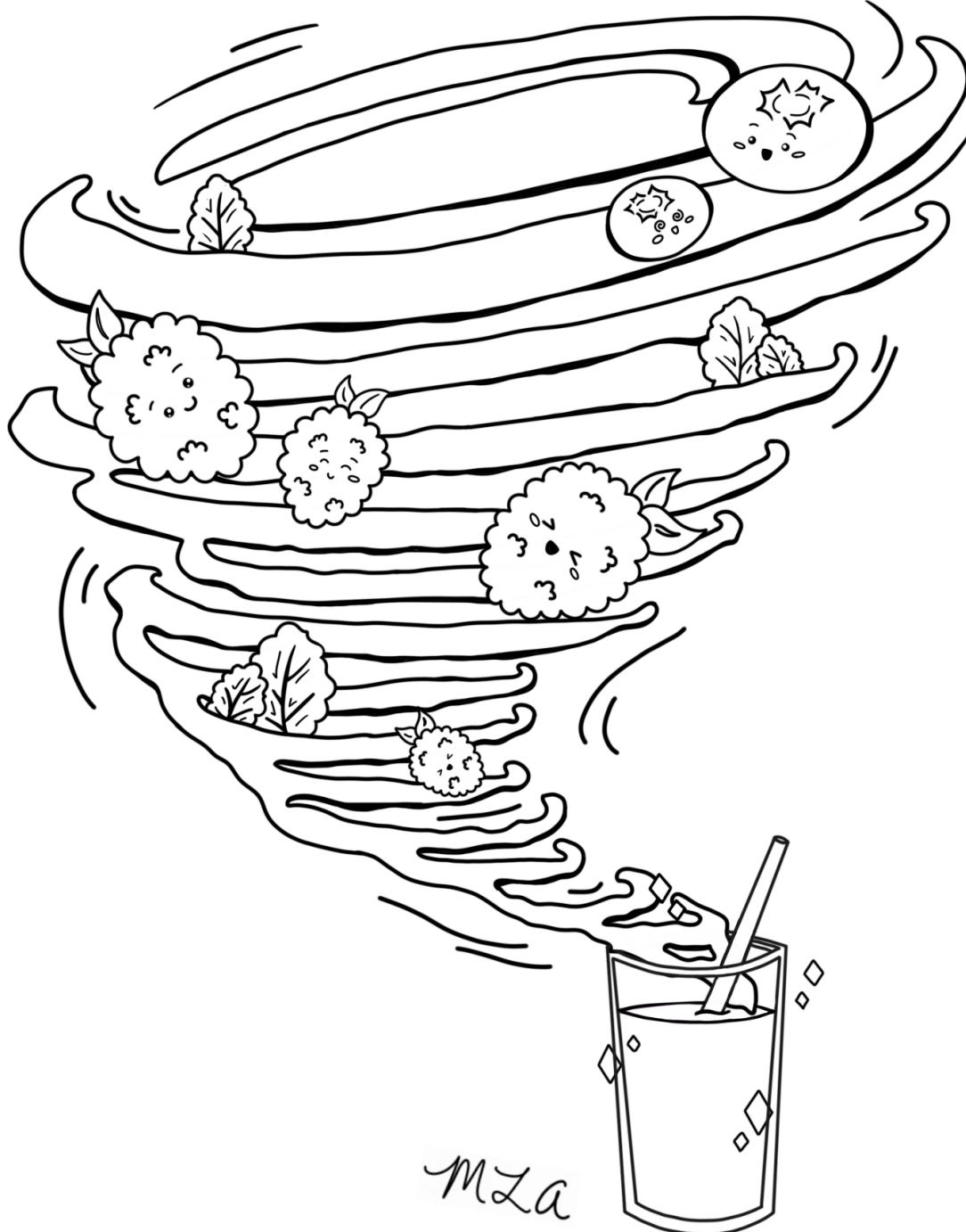


PURPLE SMOOTHIE

LICUADO MORADO



INGREDIENTS

- raspberries
- blueberries
- blackberries
- kale or spinach
- low-fat milk

INGREDIENTES

- frambuesas
- arándanos
- moras
- col rizada o espinacas
- leche descremada



brighterbites®