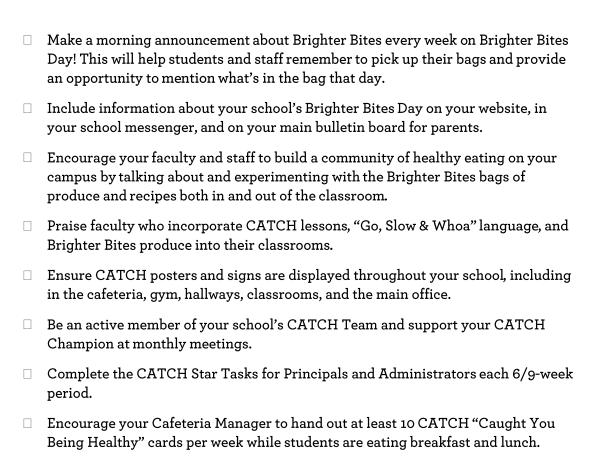


Brighter Bites Checklist for Administrators

Hello Administrators!

Brighter Bites is excited to be working with you and serving the families at your school this year! Brighter Bites believes that administrators are powerful role models for students, faculty, and staff. You are crucial to our efforts. We can neither successfully create a community of health at your school nor encourage brighter eating habits without your support! We have created a checklist of simple steps you can take as an administrator to support both Brighter Bites during our 16 weeks of programming and the CATCH program throughout the school year. Please consider adopting some (or all!) of the following suggestions, and keep this page to document what you accomplish. The Brighter Bites Program Coordinator for your school will check in with you throughout the year. If you do not have the materials referenced, please let the Brighter Bites Program Coordinator at your school know.





Arrange to visit classrooms during activities or lessons involving Brighter Bites produce and hand out "Caught You Being Healthy" cards and CATCH MVP cards
Give out at least 2 CATCH MVP awards per week.
Encourage teachers to send home the "I like to Cook it Cook it" and "Family Mealtimes Matter" CATCH pages during the weeks of Brighter Bites programming.