



brighterbites

Internship Announcement

Program Intern, Houston (seasonal, part-time, unpaid)

Organization and Role

Brighter Bites is a 501(c)(3) nonprofit organization that brings healthy choices into the homes, minds, and mealtimes of families who live in underserved communities in Houston, Dallas, and Austin. For 16 weeks during the school year and eight weeks during the summer, Brighter Bites provides: 1) 25-30 pounds (over 50 servings) of fresh fruits and vegetables to participating families each week, 2) nutrition education taught in the classroom through a train the trainer model, as well as handbooks, recipe cards and healthy tip sheets for parents, and 3) a fun food experience consisting of a healthy recipe tasting for families to try when they pick up their produce.

Since our inception in 2012, Brighter Bites has distributed nearly 13,000,000 pounds of produce, in addition to nutrition education materials, to over 30,000 separate families whose kids attend 100 different schools, camps, and after school programs in our three Texas cities.

The Brighter Bites Intern is exposed to all components of programming to gain a well-rounded understanding of how a public health community nutrition non-profit operates. Candidates who can commit to the full 2017/2018 school year preferred, but candidates who can commit to either the fall (September-December) or the spring (January-May) semester will be considered.

Position Description

- Assists at produce distributions, including receiving delivery of produce, bagging produce, distributing nutrition educational materials to families, and playing educational games with children.
- Assists with recording family participation at each distribution on rosters.
- Works and communicates effectively with key contacts at sites, as well as site volunteers and families, to successfully implement the Brighter Bites program and create a health-conscious environment.
- Motivates site staff, volunteers, and families to try different fruits and vegetables included in the bags by encouraging them to try different recipes provided every week.
- Actively engages with parents and children at distributions, asking and answering questions and offering guidance and support.
- Collaborates with Brighter Bites Program Director, Coordinators, and Associates.
- Communicates with Brighter Bites team to share successes and challenges for each assigned site and provides insight for improvement.

- Administers health related surveys to parents/guardians.
- Observes/assists with in-person interviews and fact-finding projects.
- Data processing, cleaning, and entry.
- Other duties as assigned.

Requirements

- Conversational Spanish language skills required. Bilingual (Spanish/English) preferred
- A passion for sharing the power of fresh food with others, especially parents and children.
- Displayed interest in nutrition education, community public health, dietetics, food justice, and/or childhood obesity prevention.
- Experience working with children, preferably in an educational setting.
- Exceptional customer service skills.
- A positive, energetic attitude.
- Excellent written and verbal skills.
- Basic culinary skills and interest in cooking.
- Basic math and computer proficiency.
- Ability to work independently, with the support of volunteers and school/camp partners.
- Minimum 6 hours per week M-F from Sept - Dec and/or Jan - April, mostly at school sites.

Operational and Physical Requirements

- Must be able to travel independently to school sites around city area
- Must be able to lift produce boxes/bags weighing between 10-50 pounds each on a continuous basis.

*To apply, please send resume and cover letter to
christina.blick@brighterbites.org
with "Program Intern" in the subject line*

