



**brighter**bites

## Internship Announcement

### Intern, Dallas (seasonal, part-time)

---

#### Organization and Role

Brighter Bites is a 501(c)(3) nonprofit organization that brings healthy choices into the homes, minds, and mealtimes of families who live in underserved communities in Houston, Dallas, and Austin. For 16 weeks during the school year and eight weeks during the summer, Brighter Bites provides: 1) 25-30 pounds (over 50 servings) of fresh fruits and vegetables to participating families each week, 2) nutrition education taught in the classroom through a train the trainer model, as well as handbooks, recipe cards and healthy tip sheets for parents, and 3) a fun food experience consisting of a healthy recipe tasting for families to try when they pick up their produce.

Since our inception in 2012, Brighter Bites has distributed more than 12,000,000 pounds of produce, in addition to thousands of nutrition education materials and fun food samples, to over 20,000 separate families whose kids attend 100 different schools, camps, and after school programs in our three Texas cities.

The Brighter Bites Intern is exposed to all components of programming to gain a well-rounded understanding of how a public health non-profit operates.

#### Position Description

- Assists at produce distributions, including receiving delivery of produce, bagging produce, and distributing nutrition educational materials.
- Records family participation at each distribution on rosters.
- Works with Brighter Bites staff to communicate with key contacts at sites, as well as site volunteers and families, to successfully implement the Brighter Bites program and create a health-conscious environment.
- Motivates staff, volunteers, and families to try different fruits and vegetables included in the bags by encouraging them to try different recipes provided every week.
- Collaborates with Brighter Bites Program Director, Coordinators and Associates.
- Communicates with Brighter Bites team to share successes and challenges for each assigned site and provides insight for improvement.
- Prepares social media submissions and newsletter content.
- Assists in food demonstrations.
- Other duties as assigned.

#### Requirements

- A passion for sharing the power of fresh food with others and working with children.
- Exceptional customer service skills.
- Excellent written and verbal skills.
- Interest in cooking.
- Basic computer proficiency.
- Ability to work independently, with the support of Brighter Bites staff, volunteers and school partners.
- Bilingual (Spanish/English) is a plus.

### Operational and Physical Requirements

- Must be able to travel independently to program sites in Dallas.
  - Must be able to lift produce boxes/bags weighing between 10-50 pounds each on a continuous basis.
- 

*To apply, please send resume and cover letter to  
[Meredith.spence@brighterbites.org](mailto:Meredith.spence@brighterbites.org)*

